



South African Powerlifting Federation

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2024 World Classic Open Powerlifting Championships – Manager’s Report

The World Classic Open Powerlifting Championships was held from 15-23 June 2024 in Druskininkai, Lithuania. There were representatives from 57 countries in attendance, with 318 competitors taking part (182 men and 136 women).

Team SA consisted of 10 entrants, 5 male and 5 female.

Team South Africa set 6 South African National records and 19 African records, with three athletes finishing in the top 10 of their class. The South African Men’s team finished 31st out of 52 teams and the South African Women’s team finished 12th out of 40 teams.

Overall Results

The full results can be found here: <https://www.powerlifting.sport/championships/results/2024/world-open-classic-powerlifting-championships-2024>

Detailed Results

Below are the detailed results for Team SA :

Name	Gender	Weight Cat	Squat	Bench	Deadlift	Total	Medal /Place	Records
Nishalin Govender	Male	74	210	127.5	290	627.5	18th	
Jean-Michael Muldner	Male	74	205	120	235	560	24 th	
Nkosinathi Ntuli	Male	93	245	157.5	312.5	715	25th	SA Open deadlift record
Sibusiso Sishi	Male	105	252.5	170	290	712.5	27 th	
Haroun Pietersen	Male	105	280	160	267.5	707.5	28 th	
Astrid Schwarz	Female	69	145	82.5	155	382.5	18th	African Open BP and single-lift BP records; African M1 SQ, BP, DL, Tot and

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								single-lift BP records
Pia Marangoni	Female	76	140	75	170	385	17th	African M1 SQ, BP, DL, Tot and single-lift BP records
Nicole Coopoosamy	Female	84	190	105	220	515	6th	SA Open DL and Tot records; African Open DL and Total records
Megan Faul	Female	84	190	112.5	202.5	505	7th	SA Open BP record; African Open BP and single-lift BP records
Olivia Perotti	Female	84+	205	102.5	197.5	505	10th	SA Open SQ and Tot records; African SQ, BP and Tot records

Referees and Officials

Referees and Jury: Hannie Smith, Megan Leighton, Heather Leighton officiated as Referees and on the Jury during the championship.

Designated Safeguarding Officer: Heather Leighton

General Assembly

The 2024 IPF General Assembly was held during the championships, on 19 June 2024. The minutes of the GA will be found here when published: <https://www.powerlifting.sport/federation/general-assembly>

Notable points:

- South Africa has been awarded the bid to host the World Masters Classic and Equipped Powerlifting Championships for 2025 in Cape Town.

Heather Leighton (June 2024)